

How To Use Case Reports To Become A More Effective Counselor.



Case Reports

A Tool for Plotting a Course, Staying on Track
and Improving for the Glory of God.



1) GATHER DATA



2) DISCERN PROBLEMS

a) Presentation Problem – Summary of reasons he came for counseling.



2) DISCERN PROBLEMS

b) Preconditioning Problems – What unbiblical habits of thinking and /or behaving are you seeing in the counselee?



2) DISCERN PROBLEMS

c) Idolatry: What ruling thoughts, desires, and/or convictions of the heart are emerging or still present?



2) DISCERN PROBLEMS

d) What are you seeing (or not) about the counselee's faith in who God is, about their relationship with Jesus, and/or about the role of the Gospel in their daily life and problem?



3) PROVIDE INSTRUCTION

a) Make a Plan.

i.) Make an overall plan



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ii) Make next session plan.



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iii) Biblical solutions



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iv) Scripture



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a) Make a Plan

- i) Make an overall plan
- ii) Make next session plan.
- iii) Biblical solutions
- iv) Scripture
- v) Application



4) EVALUATE YOUR COUNSELING

a) Was your agenda accomplished?



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- b) If asked after the session, “What did you learn that you needed to change,” what would you want him to say?



4) EVALUATE YOUR COUNSELING

- a) Was your agenda accomplished?
- b) If asked after the session, “What did you learn that you needed to change,” what would you want him to say?
- c) Thinking back on/listening to this session, what could you have done better?



5) GIVE HOPE

How was hope or encouragement given?



6) GIVE HOMEWORK

a) What Homework was given, and how did it apply to the problem you addressed in this session?



6) GIVE HOMEWORK

- a) What Homework was given, and how did it apply to the problem you addressed in this session?
- b) What was gained by performing the homework from last session? What change?



7) What have you sufficiently addressed since counseling began?



