

# The Glass Is Half Full

## Refill Your Cup & Restore Your Hope

**Review This Week's Sermon**

**Review Key Scriptures**

**[Psalm 73](#) <<< [Click here to get it on your phone!](#)**

1. *God is indeed good to Israel, to the pure in heart.*
2. *But as for me, my feet almost slipped; my steps nearly went astray.*
3. *For I envied the arrogant; I saw the prosperity of the wicked.*
4. *They have an easy time until they die, and their bodies are well fed.*
5. *They are not in trouble like others; they are not afflicted like most people.*
6. *Therefore, pride is their necklace, and violence covers them like a garment.*
7. *Their eyes bulge out from fatness; the imaginations of their hearts run wild.*
8. *They mock, and they speak maliciously; they arrogantly threaten oppression.*
9. *They set their mouths against heaven, and their tongues strut across the earth.*
10. *Therefore his people turn to them and drink in their overflowing words.*
11. *The wicked say, "How can God know? Does the Most High know everything?"*
12. *Look at them—the wicked! They are always at ease, and they increase their wealth.*
13. *Did I purify my heart and wash my hands in innocence for nothing?*
14. *For I am afflicted all day long and punished every morning.*
15. *If I had decided to say these things aloud, I would have betrayed your people.*
16. *When I tried to understand all this, it seemed hopeless*
17. *until I entered God's sanctuary. Then I understood their destiny.*
18. *Indeed, you put them in slippery places; you make them fall into ruin.*
19. *How suddenly they become a desolation! They come to an end, swept away by terrors.*
20. *Like one waking from a dream, Lord, when arising, you will despise their image.*
21. *When I became embittered and my innermost being was wounded, I was stupid and didn't understand;*
22. *I was an unthinking animal toward you.*
23. *Yet I am always with you; you hold my right hand.*
24. *You guide me with your counsel, and afterward you will take me up in glory.*
25. *Who do I have in heaven but you? And I desire nothing on earth but you.*
26. *My flesh and my heart may fail, but God is the strength of my heart, my portion forever.*
27. *Those far from you will certainly perish; you destroy all who are unfaithful to you.*
28. *But as for me, God's presence is my good. I have made the Lord God my refuge, so I can tell about all you do.*

## Start talking. Find a conversation starter for your group.

- In spite of any and all deficits, how has God filled your cup lately?

## Start thinking. Ask questions to get your group thinking.

- Which part of this message was most impactful for you and why?
- Read [Psalm 73: 1-12](#): What evil has had you questioning God's goodness lately? What is the source of that "truth"?

## Start sharing. Ask questions to create openness.

- Read [Psalms 34:8-10](#): TWO PART QUESTION:
  - In what ways have you tasted God's goodness
  - How have you sought the Lord through that?
- Read this quote: "The reason we struggle with insecurity (envy) is because we compare our behind-the-scenes with everyone else's highlight reel."
  - What type of envy have you allowed into your thought life recently? What truth does God speak over your life about this?
- Read [Psalm 73:13-16](#): What expectation have you placed on God? What do you think He OWES you?
- Read [Psalm 73:17-20](#): How does worshiping with God's people refresh your perspective on God's goodness? How has the enemy tricked away from your church family?
- Read [Psalm 73:21-22](#): What is something you regret doing/saying/thinking that you know was just **dumb**, but you've repented and moved towards God?
- Read [Psalm 73:23-28](#): God holds your hand, even when you pull away... How does this promise help you live your life with confidence?

## Start praying together. Be bold and pray with power.

Lord God you are my strength. Hold my hand in my weakness, but teach my heart to see your goodness.. With you, there's nothing to fear, nothing to worry about. All things are possible, especially the ones I am too weak to do for myself. Hold me tight in your embrace so that I can be stronger than the challenges in my life. Help me to see the blessings you've given more than I see the deficits or difficulties. Amen

## Start doing. Commit to a step and live it out this week.

- Write out five ways God has been good to you and keep them in a visible place so that you can rehearse and engrave them into your heart. Draw on your whole life.
- Memorize **Psalm 34:8: Taste and see that the Lord is good. How happy is the person who takes refuge in him!**
  - Speak this truth to your heart when you're feeling tempted to see your life as "less than."
- Start the *Wicked Prosper* Bible Reading Plan using the YouVersion Bible app or online - [The Wicked Prosper](#)
- Consider how you could love God and love others by serving during the week or weekend <https://www.atharvest.church/serve>